





THE RESERVE AT
FIRST COLONY
SENIOR LIVING AT EASE

Like Us!  

THE Reserve at First Colony *Lifestyle*

ASSISTED LIVING COMMUNITY
13825 Lexington Blvd · Sugar Land, TX 77478 · (281) 277-0900

JUNE 2025

Resident Spotlight



Perseverance and determination describe Mrs. Gloria, who came to The Reserve a few months ago in a wheelchair and with a back brace. Now, she doesn't use the brace and walks with walker assistance. She has worked hard with the help of the amazing in-house therapy group Select Rehab and the loving and compassionate care of our staff.

Gloria was raised in Biloxi, Mississippi, before moving to Houston, where she met her husband at a roller rink. They married five months later when she was 19 years old. While working as an accountant bookkeeper and caring for her home, she continued working on her education at night. She has only one child, her lovely daughter Trixie, three grandchildren, and one six-month-old great-granddaughter. Trixie and her parents spent weekends boating on Lake Conroe. Gloria's favorite things were traveling, pets especially cats, wildlife, and reading, especially mysteries and anything medical.



Celebrate Mrs. Marilyn's Birthday on June 3rd



JUNE 2025

-Management-

Reema Bhamani
Executive Director

Tabriel Jones
Sales & Marketing Director

Fredrick Brown
Assisted Living Director

Yani Diaz
Activities Director

Trinecia Lee
Dining Director

Jose Sarrion
Maintenance Director

Rose Felix
Resident Care Coordinator

**FIND US AND
ENGAGE ON
FACEBOOK
AND OTHER
SOCIAL
MEDIA
PLATFORMS!**

**"The most wasted of days is
one without laughter."
—E.E. Cummings**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Sunday Service with St. Laurence <i>10:30 DR Piano Hour with Joey!</i> 1:00 AR Table Games 3:15 AR Bingo	2 10:00 DR Exercise Class 11:00 DR Triominoes 1:30 AR Methodist-Bible Study 3:15 AR Bingo 5:00 DR TV time in the Activity Room	3 10:00 DR Exercise Class 11:00 DR Triominoes 1:30 Outing-TJMaxx 3:15 AR Bingo 5:00 DR TV time in the Activity Room	4 Beauty Day 10:00 DR Exercise Class 11:00 DR Triominoes 11:30 Gardening Club- Water Once a Week 2:00 Chef Chat 2:30 Facials Mask 3:15 AR Bingo 6:00 Rosary w/ St. Laurence Church	5 10:00 Exercise with Select Rehab 11:00 DR Triominoes 1:00 AR Outreach Creations 2:30 DR Movie Club and Snacks 3:15 AR Bingo	6 National Doughnut Day 10:00 DR Exercise Class 10:30 Doughnut & Coffee with Reema 11:00 DR Triominoes 2:00 Table Game of your choice 3:30 DR Happy Hour	7 10:00 Exercise Class 10:00 DR Exercise Class 11:00 Triominoes/ Table Games 2:00 AR Rummikub 3:15 AR Bingo 6:00 Movie Club- Classic Movies
8 9:30 Sunday Service with St. Laurence <i>10:30 DR Piano Hour with Joey!</i> 1:00 AR Table Games 3:15 AR Bingo	9 Global Maintenance Day 10:00 DR Exercise Class 11:00 DR Triominoes 1:30 AR Bible Study 3:15 AR Bingo 5:00 DR TV time in the Activity Room 6:15 AR Solid Rock Bible Study	10 10:00 DR Exercise Class 10:00 Yoga & Meditation with Gayathri 11:00 DR Triominoes 2:00 Town Hall 3:15 AR Bingo 5:00 DR TV time in the Activity Room	11 10:00 DR Exercise Class 11:00 DR Triominoes 11:30 Gardening Club- Water Once a Week 3:15 AR Bingo 6:00 Rosary w/ St. Laurence Church	12 10:00 Exercise with Select Rehab 11:00 DR Triominoes 1:00 AR Outreach Creations 2:30 DR Movie Club and Snacks 3:15 AR Bingo	13 10:00 DR Exercise Class 11:00 DR Triominoes 2:00 Table Game of your choice 3:30 DR Happy Hour	14 Flag Day 10:00 Exercise Class 10:00 DR Exercise Class 11:00 Triominoes/ Table Games 2:00 AR Rummikub 3:15 AR Bingo 6:00 Movie Club- Classic Movies
15 Happy Father's Day 9:30 Sunday Service with St. Laurence <i>10:30 DR Piano Hour with Joey!</i> 1:00 AR Table Games 2:00 Solid Rock Apostolic Church Service 3:15 AR Bingo	16 10:00 DR Exercise Class 11:00 DR Triominoes 1:30 AR Bible Study 3:15 AR Bingo 5:00 DR TV time in the Activity Room	17 National Root Beer Day 10:00 DR Exercise Class 11:00 DR Triominoes 2:00 Delicious Root Beer Floats! 3:15 AR Bingo 5:00 DR TV time in the Activity Room	18 International Picnic Day 10:00 DR Exercise Class 11:00 DR Triominoes 11:30 Gardening Club- Water Once a Week 2:00 Chef Demo 3:15 AR Bingo 6:00 Rosary w/ St. Laurence Church	19 Juneteenth/ Natl Martini Day 10:00 Exercise with Select Rehab 11:00 DR Triominoes 1:00 AR Outreach Creations 2:30 DR Movie Club and Snacks 3:15 AR Bingo	20 10:00 DR Exercise Class 11:00 DR Triominoes 2:00 Table Game of your choice 3:30 DR Luau Happy Hour	21 10:00 Exercise Class 10:00 DR Exercise Class 11:00 Triominoes/ Table Games 2:00 AR Rummikub 3:15 AR Bingo 6:00 Movie Club- Classic Movies
22 9:30 Sunday Service with St. Laurence <i>10:30 DR Piano Hour with Joey!</i> 1:00 AR Table Games 3:15 AR Bingo	23 National Hydration Day 10:00 DR Exercise Class 11:00 DR Triominoes 1:30 AR Bible Study 2:00 Fresh Tea or Lemonade Afternoon 3:15 AR Bingo 5:00 DR TV time in the Activity Room	24 10:00 DR Exercise Class 11:00 DR Triominoes 1:30 Outing-Trader Joe's Store 3:15 AR Bingo 5:00 DR TV time in the Activity Room	25 10:00 DR Exercise Class 11:00 DR Triominoes 11:30 Gardening Club- Water Once a Week 3:15 AR Bingo 6:00 Rosary w/ St. Laurence Church	26 National Bingo Day 10:00 Exercise with Select Rehab 11:00 DR Triominoes 1:00 AR Outreach Creations 2:30 Bingo & Prizes	27 10:00 DR Exercise Class 11:00 DR Triominoes 2:00 Table Game of your choice 3:30 DR Monthly B-Days	28 10:00 Exercise Class 10:00 DR Exercise Class 11:00 Triominoes/ Table Games 2:00 AR Rummikub 3:15 AR Bingo 6:00 Movie Club- Classic Movies
29 9:30 Sunday Service with St. Laurence <i>10:30 DR Piano Hour with Joey!</i> 1:00 AR Table Games 3:15 AR Bingo	30 10:00 DR Exercise Class 11:00 DR Triominoes 1:30 AR Bible Study 3:15 AR Bingo 5:00 DR TV time in the Activity Room	Repeated Activities Rummikub-repeats twice a day when enough players gather. 2:00p & 4:00p				



Residents had a blast during Easter Day



Our Mother's Day Tea Party was a success.

Remember When: Betsy Wetsy Dolls

"It's fun to mother Betsy Wetsy," claimed ads featuring this rubber baby doll that debuted in 1937. Children could play parent by feeding Betsy Wetsy her bottle, changing her diaper, bathing her and even combing her hair. Today collectible Betsy Wetsy dolls can be found for more than \$100.

National & Observances Celebrations

6/4 Clean Beauty Day
 6/6 . Natl Doughnuts with Reema
 6/7 Chocolate Ice Cream Day
 6/18 International Picnic Day
 6/19 Natl Martini Day
 6/23 Natl Hydration Day
 6/27 Natl Bingo Day

Famous Area Codes

Can you match these area codes to their famous cities?

Area Codes:

- 206
- 213
- 872
- 202
- 212

Cities:

- Chicago, Ill.
- Washington, D.C.
- Seattle, Wash.
- Manhattan, N.Y.
- Los Angeles, Calif.

Answers: (206 – Seattle, Wash.; 213 – Los Angeles, Calif.; 872 – Chicago, Ill.; 202, Washington, D.C.; 212 – Manhattan, N.Y.)



Brainteaser

Question: I have no arms and no legs, and yet I move the earth.

What am I?

Answer: An earthworm.